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What is Distraction? Distraction refers to the diversion of attention away from the primary task of driving due to other visual, cognitive, auditory or biomechanical activities. At least 25% of crashes are distraction related. Examples of sources of distraction include: Animals Eating/Drinking Reading **Cell Phone** Passengers **Rubber-necking** Children Radio Smoking . It is not necessary for such activities to result in adverse consequences to be considered a distraction. 7



















Changes in Wireless Technology and Associated Risks

Many of the changes that have taken place suggest safer use (e.g., hands-free), but to the extent that conversation itself contributes to increased risk, and given the manner in which the different architectures appear to be used, the expectations may not be valid.

However, these changes can reduce the risks associated with certain actions or populations. For example hands-free, voice dialing reduces manual/visual demand and in so doing may reduce the risks associated with manual operation of the cell phone while driving. This is particularly important for older drivers.

Nevertheless, to the extent that improving usability will increase in-vehicle use (exposure), any net safety benefit will be reduced and may in fact, result in a decrease in overall safety.

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Dramatic Growth in **Cellular Subscribers** There has been tremendous U.S. Window Su growth in the number of **CTNA**, 2001 cellular subscribers in the 180 140

United States since the introduction of cellular phones in 1983.

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The greatest increase to date occurred between 1998 and 2002, when the number of subscribers more than doubled from over 60 million subscribers in 1998 to over 137 million subscribers in 2002. 43

At the current pace, there will be more than 150 million U.S. subscribers by the end of 2003.



Dramatic Growth in Minutes of Use The average amount of time that بالثة ومبيل nies Veed Per subscribers use their cell phones Manth Per U.S. Suba on a monthly basis has increased from an estimated 140 minutes per subscriber per month in 1999 388 to more than 350 minutes per subscriber per month in 2002. Overall, monthly use continues to climb with increasing access to affordable service, and the Notes: 1. Estimates derived item CTLA deta.⁴² Average monitity ninutes of use calculated from annual total minutes of use averaged over 12 monities and divided by ensual total estimated U.S. subscribers. (CTIA, 2003) 2. Sturfing with the June 1999 CTLA markat survey, estimates of local bilinitie calls and local minutes of use data include prepaid minutes and calls. (CTIA, 2003) 3. The estimates of monitry minutes of use are based on estimates of bilibble prepaid, local and non-minutes of use. monthly average will likely exceed 400 minutes per subscriber by the end of 2003. 20

Dramatic Growth in Frequency of Use

On a monthly per subscriber basis, this translates to an increase from an estimated 47 local (including prepaid) and roarning wireless calls per month in 1999 to an estimated average of more than 120 calls per subscriber per month in 2002.

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U.S. Subscribership Total Population, States, Metro Areas

A quarterly online survey by Telephia, Inc. and Harris Interactive (i.e., Telephia Attitude and Behavior Survey) revealed that 53% of the total U.S. population in major metropolitan areas subscribed to mobile phone service in December of 2002, and confirmed that subscribership rates in metropolitan areas are significantly greater than the statewide

estimates. 88	
City Subscription Rate	Statewide Subscription Rate
Boston, Massachusetts: 63%	Massachusetts: 51%
Atlanta, Georgia: 64%	Georgia: 49%
Raleigh, North Carolina: 65%	North Carolina: 53%
Orlando, Florida: 65%	Florida: 49%
St. Louis, Missouri: 69%	Missouri: 40%
Greenville, South Carolina: 71%	South Carolina: 42%
Washington, DC: 64%	
Milling Toward The Code, Milling	ter Deursen in Kerlen (KAR) 22

U.S. Mobile Phone Use Young Adults, SMS messaging



Results from 2002 quarterly Telephia surveys indicate the following:

- About 35% of young adults (ages 18-24) use their wireless service for more than 500 minutes per month, compared to 20% of all users.⁴⁹
- Use of SMS and other 2-way messaging services has increased from 12% in 2001 to 20% in 2002.
- 45% of young adults say they frequently use wireless data services, including SMS and the wireless internet, compared with 22% of all users combined.⁴⁰

 A 2000 study by market research firm Cahners In-Stat Group predicted that the wireless market for young people ages 10 to 24 would experience tremendous growth, and suggested that half of all teenagers will own of cell phone by 2004.⁶⁴

Note: SMS refers to Short Message Service more commonly know as Instant Messaging

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Estimates of Exposure While Driving in 2002		
Percent of Daylight Driving Time Spent Using a Cell Phone (2002 NOPUS)	6%	
Number of Drivers Using Cell Phones During the Average Devilght Moment (2002 HOPUS)	601,000 drivens per moment	
Daylight Hours of Cell Phone Use While Driving Per Day (derived from 2002 HOPUS date)	7,440,000 hours per day	
Daylight Alles Driven Using a Cell Phone Per Day (derived from 2002 NOPUS dela)	243,600,000 miles per day	
Trips While Taking Incoming Cell Phone Calls Per Day Trips While Making Outgoing Cell Phone Calls Per Day (derived from National Survey of Elefracied and Drowey Diving Alliadas and Behaviors 2002)	113,000,000 trips per day 111,000,000 trips per day	

Estimates of Exposure While Driving in 2002 Compared to Overall Wireless Phone Use	
Total Hours of Wireless Phone Use in 2002, all wireless use regardless of whether user was driving or not (from CTM 2003 date *)	10,329,000,000 hrs for 2002
Total Hours of Wireless Phone Use during Daylight (8AM-SPM), all wireless use regardless of whether user was driving or not (Recent data adrected from the University of Montreal's 2001 epidemiological skudy indicates that ~75% of all wireless calls were made between &AM and SPM. ¹⁰ Assume that Total Hours of Wireless Phone Use During Daylight Hours is 75% of Total Hours of Wireless Phone Use in 2002.)	7,748,700,000 hns during daylight for 2002
Total Hours of Daylight (SAM-SPN) Wireless Cell Phone Use Per Day, all wireless use regardless of whether user was driving or not (Total Hours of Daylight (SAM-SPN) Writess Cali Phone Use Per Day is average of Total Hours of Wireless Phone Use during Daylight (BAM-SPN) over 305 days.)	21,200,000 hours per day for 2002
Daylight Hours of Cell Phone Use While Driving Per Day (from previous slide)	7,440,000 hours per day
How Much Daylight Wireless Phone Use Takes Place While Users Are Driving? (Daylight Hours of Cell Phone Use While Driving Per Day) divided by (Total Hours of Daylight (844 874) Wireless Cell Phone Use Per day, ell wireless use regardless of whether user was diving or not). = 7,440,000 hrs per day use while driving / 21,200,000 hrs per day total use	35%
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Legislative Update: Activity in Other Countries

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At least 42 countries restrict or prohibit use of cell phones and other wireless technology in motor vehicles, and several more are considering legislation.

israel, Portugal and Singapore prohibit all mobile phone use while driving.

Countries that prohibit the use of hand-held mobile phones while driving:

Slovek Rep.	Thelload
	E L'ANNAGER MÉT
Siovenia	Turkey
South Africa	Turkmenisten
South Korea	Zimbebwe
Spain	
Switzerland	
	South Africa South Korea Spain Switzerland

if involved in crash while using the phone. Drivers in United Kingdom and Germany can lose insurance coverage if involved in crash while talking on the phone.



Corporate Issues

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Wireless communication is increasingly being applied in the corporate environment to improve productivity and efficiency. Such utilization has sometimes resulted in crashes where drivers were confirmed to be using a cell phone at the time of the crash. The resulting lawsuits have heightened corporate awareness of the potential liability whether the driver was using the phone for business or personal reasons. In some cases the corporate response resulted in formal policies regarding the use of cell phone while on company time or while using a company vehicle.





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How Do Cell Phones Contribute to Crash Causation? Review of cell phone related crashes provides insight Into how driver actions and responses associated with cell phone use lead to crashes. For simplicity we identify four categories of distraction: Visual - e.g., Looking away from road to dial a number Biomechanical (manual) – e.g., Manipulating a device Cognitive - e.g., Lost in conversation or thought Auditory – e.g., Startied by ringing phone These forms of distraction may occur independent of one another or in combination depending upon the specific activity (e.g., trying to remember a number, looking at a phone, dialing the number). 36 and the Oxin. Watching St.

Some Factors Influencing Crash Risk



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- Individual differences (e.g., in skill, abilities, experience, personality)
- Learning / Behavioral Adaptation
- Device demand

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- Context (e.g., traffic, weather, roadway)
- Willingness to engage
- Perceived urgency
- Driver state (e.g., emotional, sick, drugs)
- Other concurrent distracting activities
- Exposure (duration, frequency)

The relationship of these factors to the risk of a crash while using a cell phone is very complex as illustrated in the diagram that follows.

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Factors Influencing Crash Risk Individual Differences Individual factors such as skills and abilities, experience, risk taking, and aggressiveness can significantly influence the potential for a driver to be involved in a cell phone related crash. Driver decisions about utilizances

influence the potential for a driver to be involved in a cell phone related crash. Driver decisions about willingness to use and conditions of use are a key to understanding how these factors influence risk.







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Factors Influencing Crash Risk Image: Construction of the second structure of the sec



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What is a Hands-free Phone?



The sensitivity of driver behavior and performance to device demands has already been highlighted. In the case of hands-free phones in particular, this is a potentially significant issue since not all hands-free phones are created equal, taking into account the specific features of the phone, the accessories used and manner in which the "system" is used. Generally these differences are associated with the degree to which the phone must be manipulated (e.g., to dial, open), the method of communications (e.g., speaker/mic vs. earphone/mic), the nature of the connection (e.g., wired vs. wireless), the location of the phone (e.g., cradie vs. on driver), whether the phone has a voice command capability (e.g., "dial 555-5555"), and when the "system" is set up (e.g., vehicle moving or stationary). Since the distribution and manner of use of these different system architectures is unknown, they are considered in aggregate as "hands-free" phones in the discussion that follows. Thus, any phone that does not require the driver to hold the phone for dialing or conversation is considered "hands-free."

Hands-Free vs. Hand-Held Over the past several years there has been tacit acceptability of handsfree phones for mobile use by state (through legislation) and federal (GSA) authorities. That hands-free phones are somehow safe or safer has been promoted by elements of the wireless industry for some time ("hands-free lets you keep your hands on the wheel and eyes on the road"). It appears that this is generally believed by users as reflected by the growing use of hand-free devices. Nevertheless, this expectation does not appear to be supported by either experimental or epidemiological research, both of which indicate little if any difference between the architectures in terms of risk or safety relevant behavior and performance. This is not to say that hands-free and hand-held devices adversely influence driving in the same way, but rather that beyond the common cognitive demand of conversation itself, the use of each architecture may be associated with unique attributes that have the potential to increase crash risk. The following slides summarize empirical evidence suggesting the lack of clear distinction in risk associated with the two architectures.





Hands-Free Is Not Risk Free



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Complicating the issue is the lack of clear understanding of how these hands-free and hand-held devices are used in the real world. For example, it is not at all clear that drivers using hands-free phones drive with both hands on the wheel or attend more to the road, nor can it be said that they always use the phone in a hands-free mode while driving. As will be seen later, this latter point is supported by survey data. Similarly, while the act of dialing with a hand-held may place a driver at greater risk, a hands-free phone on the console may actually require more visual attention where manual dialing is used. In addition, there is evidence that hands-free calls are longer than hand-held calls, which would increase exposure and hence risk. Finally, use of hands-free phones may involve using an earpiece. Drivers have been observed putting on these devices while driving, an activity that can require two hands and would clearly increase the risk of crash. Survey data specifically indicates that one in five headset/earpiece users place the headset on while driving (2003 MVOSS 38). Clearly, handsfree is not risk free.

Note: 2003 MVOSS data is preliminary.

Sources of Information and Data on Cell Phone Use, Consequences of Use, and Association with Crashes

- Anecdotal
- Survey and Focus Group Data
- Experimental Research
- Crash Data
- Cost-Benefit and Risk Analyses

Sources of Information and Data on Cell Phone Use, Consequences of Use, and Association with Crashes

Anecdotal

- Survey and Focus Group Data
- Experimental Research
- Crash Data
- Cost-Benefit and Risk Analyses

Sources of Anecdotal Information Media reports and articles Letters to NHTSA Various internet sources Discussions with researchers and conversations with callers to NHTSA Noted observations and interview comments from researchers Observations from law enforcement officers

Anecdotal Information Some of What We Have Learned



- Drivers will not readily admit to being distracted.
- There are differences in the willingness of drivers to report different distractions; they may be more willing to admit to one form of distraction rather than another.
- Many cell phone users gesture with their free hand when they speak, sometimes leaving no hands on the wheel for short periods of time.

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 Anecdotal Information Some of What We Have Learned
 Image: Comparison of What We Have Learned

 • Cell phone drivers are perceived to drive like intoxicated drivers (e.g., slow speed, excessive, and slow lane motion, reduced situational awareness).

 • Other drivers are involved in crashes caused by cell phone users who themselves are not involved.

 • Anecdotal data, not unlike survey data, reveal that the public is very concerned about this problem behavior. They have witnessed or experienced the adverse effects and were concerned enough to pass that information along to the media, police or NHTSA.













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Survey Data: Reports Of Close Calls Or Near Misses

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- In 2000, more than 40% of drivers polled by Farmers Insurance reported having experienced a close call or near miss situation at some time with another driver who was using a cell phone. ¹⁶
- In 2000, about 6% of male and 4% of female drivers, respectively, in the Montreal study reported having experienced a close call or near miss situation at some time when they were using the phone while driving. ³⁰



Limitations of Survey Data



Many of the lessons learned from anecdotal data apply to survey data.

Whereas much data is available, there are significant variations in the manner in which the data is collected and reported.

For example, multiple surveys ask about frequency with which driver uses phone while driving. Question has been asked in terms of: daily use, weekly use, per trip use, percentage of trip use, often vs. rarely, calls per day, calls per week, calls per trip, and so on.

This makes data comparison difficult and limits the ability to draw definitive conclusions on exposure and relative risk.

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Observational Research

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In addition to driver performance data, observational data plays an important role in our understanding of cell phone use while driving.

NTHSA's National Occupant Protection Use Survey (NOPUS) and other observational studies are essential for determining current levels of cell phone use by drivers.

Observational Research

NHTSA's Bi-Annual National Occupant Protection Use Survey (NOPUS)

NOPUS is a probability-based observational survey that focuses on seat belt use in the United States. As a part of this data collection effort, use of hand-held cell phones was also captured. For 2002, approximately 38,000 drivers were observed at 1,141 randomly selected road sites involving controlled intersections (i.e., stop sign or signal). Data was collected during daylight hours between 8:00 AM and 6:00 PM.

Observational Research NHTSA's Bi-Annual NOPUS



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 In 2000, at any given time during daylight hours, 3% of drivers are using a hand-held phone. ⁵³

Higher rate for vans and SUVs (4.8%)

Additional 0.9% use hands-free equipment (estimated)

 In 2002, the portion of drivers estimated to be using a handheld phone at any given time during daylight hours increased to 4%.¹⁷

Additional 2% use hands-free equipment (estimated)

- In total, at least 6% of drivers are using some kind of wireless phone at any given time
- Significant increase in urban areas from 2000

Observational Research Other Studies The observed rate of cell phone use by drivers was 3.1% in a 2001 University of North Carolina study. 42 Cell phone users were more likely to be without a front-seat passenger, driving a SUV, younger, white, and wearing a safety belt. In 2000, five percent (5%) of all drivers observed on Dallas area highways were using a hand-held cell phone during the afternoon peak period. 13 Ranged from 3% (rural) to 7% (urban) At any given time during daytime hours in 2001, 3.5% of drivers in the state of Washington were observed to be using a hand-held phone. 46 Sport Utility Vehicle and Van drivers had the highest rate at 4.59% and 4.23%, respectively 92 HETTIA Instant Uni Only, Webbys









1997 Toronto Study ⁴¹

- Reported an association between the use of cellular telephones in a motor vehicle and a quadrupled risk of crash during the call.
- Authors "observed no safety advantage to hands-free as compared to hand-held unit telephones."

2003 Montreal Study ⁶²

 Results from a 2003 Montreal Study that examined the case-crossover design used in the 1997 Toronto Study suggest that the resulting estimated relative risk factor reported in the Toronto Study was two to three times larger than the true relative risk when randomness of the time of collision in the police report was introduced.

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Epidemiological Research: Limitations of Existing Data



Lack of exposure data and details on phone use that would be helpful to link crash risk with specific user behavior and cell phone architecture. In particular, it would be useful to know:

- Length of calls
- Frequency of calls
- Number of calls in a trip
- Device configuration information

It should be noted that in the 2001 Montreal Study, the finding of a dosing effect (the greater the use of cell phones, the greater the risk), added credibility to the findings. ^{30, 61}

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Issues with Research Studies Behavioral Adaptation



Within the context of driving, behavioral adaptation refers to the changes in behavior and performance that take place over time as we gain experience with various aspects of our environment or vehicle.

Such adaptation may involve, for example, learning, strategy changes, complacency or other changes that take place in response to our experience, perceptions, and beliefs. These changes may be conscious or unconscious.

As indicated earlier, behavioral adaptation is a potentially important phenomenon in assessing risk. We know that drivers are at increased risk in unfamiliar vehicles. Likewise, when subjects are asked to use unfamiliar technology they are likely placed at greater risk while using it. With time they will adapt to using the technology while driving, and may develop specific time-sharing strategies. Research that provides very little exposure to a new technology may not address the long-term changes that may occur with experience using that particular technology.

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 Sources of Information and Data on Cell Phone Use, Consequences of Use, and Association with Crashes

 • Anecdotal

 • Survey and Focus Group Data

 • Experimental Research

 • Crash Data

 • Cost-Benefit and Risk Analyses







General Trends in Distraction-Related Crash Data, 1997-2001

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According to both FARS and GES, distraction related crashes most

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Road Characteristic	FARS 1			GES ²		
Alignment	Straight 79%	Curved 24%	-	Straight 63%	Curved 9%	Other 8%
Environment	Rural 6%	Urban 34%	-	-	-	-
Profile	Level 72%	Grade 24%	Other 4%	Level 50%	Grade	Unknown 36%
Surface Condition	Dry atri	Wet 12%	Other 2%	Dry 82%	Wet 14%	Other 4%
Almospheric Condition	Normal 90%	Rain 7%	Other 3%	None se%	Rain 9%	Other 3%
Light Condition	Daylight 59%	Dark 25%	Other 15%	Daylight 75%	Dark	Other 17%



Characteristics of Cel	
Phone-Related Crashes	;
Crash Severity	

	Crash Severity			
	More Severe Injury	Po ssible Injury	No Injury	
Cell Phone Crashes	9.0%	36.2%	54.8%	
Non-Cell Phone Crashes	14.3%	27.3%	58.4%	

Characteristics of Cell	
Phone-Related Crashes –	
Crash Types	

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	Crash Type			
i	Rear-end	Run-off-road	Angle impact	
Cell Phone Crashes	45.1%	18.5%	18.3%	
Non-Cell Phone Crashes	25.6%	20.5%	14.6%	

Charad Phone-F Vehi	cteristics Related Cr icle Mane	of Cell rashes – uver	
ſ	Most Freq	uent Vehicle	Maneuver
	Going- Straight	Slowing/ Stopping	Left Turn
Cell Phone Crashes	76.1%	8.8%	5.3%
Non-Cell Phone Crashes	54.5%	20.1%	9.7%



Characteristics of Cell Phone-Related Crashes – Prior Traffic Violations

	Prior Traffic Violations			
	Safe movement & other	Failure to reduce speed	Traffic Signal	Following too close
Cell Phone Crashes	42.1%	23.5%	9.6%	3.5%
Non-Cell Phone Crashes	18.3%	12.5%	1.8%	1.3%

Possible Significance of Prior Violation History

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Examination of violation data for cell phone involved crashes suggests that these drivers tend towards more aggressive driving behavior. It is not clear how such behavior relates to the willingness of drivers to use the phone, the conditions under which they use the phone or the degree to which their aggressive behaviors contributed to the cell phone related crashes. It is also unknown how many cell phone related crashes were characterized in terms of an aggressive driving behavior or vice-versa. Nevertheless, use of cell phones by aggressive drivers may heighten the crash risk.

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Chara Phone-F T	cteris Relato Time (itics ed Cr of Da	of Ce ′ashe Ƴ	s —		
For time o between c	f day, f ell pho	there a one us	are no ers an Time (differe d non-	Inces Users	
	10pm 1:59mm	2am — 5:59am	6am - 9:59am	10em 1:59pm	2pm - 5:59pm	6pm — 9:59pm
Cell Phone & Non-Phone	7.8%	4.3%	16.8%	21.6%	32.0%	17.4%



Characteristics of Cell	
Phone-Related Crashes	
Roadway Feature	

	Roadway Feature			
	No Special Feature	intersection	Other	
Cell Phone Crashes	64.4%	29.3%	6.3%	
Non-Cell Phone Crashes	55.7%	28.0%	16.3%	

Where Are These Crashes In The Crash Record?



Given the dramatic increase in cell phone use and the preponderance of observed cell phone related traffic events reported, it is often asked why we do not see a dramatic increase in the fatality rate if, in fact, cell phones represent a major crash problem. Noting that the fatality rate has remained relatively stable for a number of years, there are many safety relevant changes that have taken place in the vehicle/highway system during the same period of time. The consequence of these changes may tend to decrease or increase crash rates. Examples expected to improve safety would include improvements to roadways (e.g., rumble strips, traffic calming), air bag improvements (e.g., side airbags), brake improvements (ABS), vehicle stability improvements (ESC), and greater vehicle conspiculty and visibility (reflectors and lighting). On the other hand, increased vehicle speeds, availability of invehicle technology and the growing number of SUVs might be expected to decrease safety. Any change in cell phone related crashes might therefore be masked by other contributing factors.

Michael Mar Cale, Westing Down

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Issues In Establishing Crash Involvement There is no post-crash test for distraction. Crashes may have multiple contributing factors that make it difficult to isolate the primary cause. Cell phone distracted drivers may cause crashes in which they themselves are not involved. There is often uncertainty about the role of cell phone use in crashes "caused" by other drivers. Data collection difficulties include: - inconsistent and underreporting of contributing factors is problematic. Drivers may be unwilling to admit to being distracted. Phone records are not easily accessible. Not all states require law enforcement officers to collect information specifically related to distraction in general, and cell phone use in particular, at time of crash. 118





Recent Special Studies: California – Limitations of Study



- The CHP analysis does not include all crashes in which cell phones may have been in use and a contributing factor. The report noted that "officers statewide often failed to document on the [crash] report whether a cellular telephone was in use, present, or unknown." ¹⁴
- It is also important to note the following about the Traffic Collision Coding form:
 - Information on whether driver inattention contributed to the crash is only collected under "Other Associated Factors" for the involved party cited for having caused the crash. Officers check the box "F" indicating "Inattention" and note the cause next to it (e.g., officer must write in "P-Cell Phone").
 - Information on Cell Phone Use by involved parties is specifically requested under the section entitled, "Special information." Use or non-use is indicated for all parties involved. No distinction is made between condition in which no phone is present and condition in which the officer is unable to determine presence/use of phone.

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Recent Special Studies: Virginia

- A statewide pilot study to test a standard list of distracted driving behaviors used in crash investigations was conducted to provide data for the Virginia State Legislature. The study was conducted for the Virginia Department of Motor Vehicles by Virginia Commonwealth University in 2002 to investigate driver distraction.¹⁶ The study involved completion of a supplemental survey for each distraction crash; the surveys were submitted for review as a part of this study.
- The survey contained questions regarding the MAIN driver distraction and did not address other additional contributing factors.
- The results indicated that 13% of traffic crashes in Virginia are due to driver distraction, and 62% of distractions reported as factors in these crashes were inside the vehicle.
- Cell phones accounted for about 5% of the reported distractions associated with these distraction crashes.

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Recent Special Studies: Virginia



 General recommendations from Virginia's Pilot Study of Distracted Drivers ¹⁸

- Collect information at the driver level rather than the crash level.
- Reconsider and standardize the framework and terminology used to categorize distractions and driver inattention
- Conduct focus groups and training for troopers and officers regarding collection of distraction and inattention-related crash information.



NHTSA Ongoing and Planned Research

NHTSA has carried out research related to drivers' use of technology since 1991. Past efforts have focused on developing methodologies, tools and techniques for assessing driver workload and device demand within the context of safety. More recent efforts have focused on the application of these methods, tools and techniques to specific technologies, including cell phones. These cell phone studies have typically focused on issues associated with device architecture (e.g., hand-held vs. hands free). Three of these programs of research are briefly described in the material that follows.

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Small-Scale Naturalistic Driving Study

NHTSA researchers at the Vehicle Research & Test Center (VRTC) in Ohio completed a small-scale naturalistic driving study comparing three phone architectures. Participants drove instrumented vehicles equipped with hand-held, hands-free and totally hands-free phones over the course of several weeks. Although preliminary analyses have not yielded driver performance differences between the phone architectures, the lessons learned from this effort were invaluable to the development of the larger scale naturalistic driving study currently underway. In addition, NHTSA is conducting a separate analysis on the conversation content to identify any associations between high demand conversations and driving performance.

Long-Term Naturalistic Driving Study



This effort is currently underway and has deployed 100 instrumented vehicles in the Northern Virginia area to record driver behavior and performance over a period of one year. Data collected will detail driver distractions in general and the use of cell phones in particular. Of particular interest will be the role these distractions play prior to crashes. Because the instrumented vehicles record both performance and video data, the effects of distractions will be quantified in a more ecologically valid context than ever before. This study will also produce much needed objective data for cell phone use patterns that have thus far relied on surveys and observational studies.



Driver Distraction Research on the National Advanced **Driving Simulator (NADS)**



Three studies specific to cell phones are planned for NADS. A fourth study will focus on cognitive driver distraction covering cell phones and other in-vehicle technologies. The first study is currently underway.

Study 1 - Examine effects of different interfaces (hands-free, handheld, & command based) on dialing, talking and answering phone in driving situations that vary in driving task demand.

Study 2 - Examine whether dimensions of conversation affects distraction potential while driving.

Study 3 - Assess drivers' willingness to make/receive calls under a variety of traffic conditions and situations.

Study 4 - Develop assessment techniques for evaluating cognitive driver distraction. 129



Using Crash Data to Assess the Magnitude, Costs, and Benefits of the Problem



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While the magnitude, costs, and benefits associated with cell phone use can theoretically be assessed in terms of relevant fatality, injury, property damage only and non-police reported crashes, it is becoming increasingly clear that obtaining a complete and accurate set of data to support this determination is not practical using traditional data sources and techniques. Nevertheless, available crash data is useful in characterizing the nature of the problem and documenting trends that take place over time.

Attempts at estimating problem magnitude, costs and benefits have been made using epidemiological studies and industry data that provide estimates of relative risk and exposure, respectively. In the material that follows, these efforts are reviewed and summarized, associated risk analyses are explored and, using the most recent information, estimates of problem magnitude are calculated.

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Analysis of the Crash Risks and Societal Costs



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The following slides contain information related to studies attempting to establish the relationship between cell phone use while driving and the associated increase in crash risk.

The analysis is based on existing studies and the assumptions made therein.

The goal of this effort is to illustrate the range of crash risks that have been associated with this issue and the potential implications of those risks. It must be recognized, however, that the results of this analysis do not provide definitive answers and are based on a very incomplete and sometimes undefined dataset.



Other Relevant Risk Definitions



Relative Risk (RR)

 Defined as the amount of increase in crash risk (i.e., an incremental crash risk) for cell phone users in comparison to non-cell phone users, specifically the ratio of the risk of a crash for cell phone users compared to the risk of a crash for non-cell phone users.

- If RR > 1, then the risk of a crash for cell phone users is greater than risk of a crash for non-cell phone users.
- If RR = 1, then the risk of a crash is the same for cell phone users and non-users.
- If RR < 1, then the risk of a crash is leas for cell phone users than for non-users.

Odds Ratio (OR)

 Defined as the amount of increase in crash risk for cell phone users in comparison to non-cell phone users, specifically the ratio of the odds of a crash for cell phone users compared with the odds of a crash for non-cell phone users.

- If OR >1, then the odds of a crash for cell phone users is greater than the odds of a crash for non-cell phone users.
- If OR = 1, then the odds of a crash is the same for cell phone users and non-users.

If OR < 1, then the odds of a crash is less for cell phone users than for non-users.</p>

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Assumptions Used to Estimate Total Risk: Estimating Exposure Time - Background



Estimates of Exposure Time (AT) are based on:

Estimated total number of one-way driving trips in a typical week for all drivers in 2002#: 4,200,000,000 tripe/week

Average vehicle trip duration according to 2001 National Household Travel Survey 7: ~20 min/trip

Minimum estimated number of calls made or received while driving based on estimated number of one-way

- Hype involving such calls (ranstate sign involving phone use to number of calls while diving) Estimated number of one-way driving type in a typical weak in 2002 is which a driver receives at least one winder phone call (this is included within the lotal 4,200,000 type per weak)⁴⁵. 792,000,000 type/week
 - Estimate number of one-way driving trips in a typical week in 2002 in which a driver makes at least one wireless phone cpl (this is included within the lotal 4,200,000,000 trips per week)**: 778,000,000 trips/week
 - If we assume 1 call per tap of the specified call type (incoming or outgoing; there is overlap in number of hips for each type of call so we transition into number of calls ranker than https), then combined number of hips equals minimum number of calls. So, Minimum Estimated Number of Calls Made or Received White Onling > 792,000,000 + 775,000,000 = 1,556,000,000 calls/veek

Estimates of exposure will be show for the following range of call lengths:

1 minicell (minimum included for comp

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- 2.73 minicali (average CTIA local cell length, 2002)⁴⁶
- 4.5 min/call (average self-reported call length while driving, 2002 National Survey of Distracted and Drowsy Driving Adduces and Behaviors)⁴⁴
- 8 ministell (hypothetical call length included for comparison and indicative of increasing exposure given diamatic growth In call phone use as noted earlier)

Estimates of Total Risk (and the corresponding risk increases) will be shown for relative cresh risks (RR) from 1.0 to 4.5 1.0 to 4.5 HILLIA Internet Line Conto, Washing Descenant in Hardword 2005



Estimates of Risk as a Function of Exposure Time and Relative Risk of Crash

Percentage Increase in Total Risk of Cras								
Average Call Length (min)	Exposure Time, ΔT	RR=1.5	RR=2.0	RR=3.0	RR=4.3			
1.0 min	1.9%	1.0%	1.9%	3.8%	6.3%			
2.74 min	5.1%	2.6%	5.1%	10.2%	16.8%			
4.5 min	8.4%	4.2%	8.4%	16.8%	27.7%			
8.0 mìn	14.9%	7.5%	14.9%	29.8%	49.2%			

Example - 2002 (cont'd):

If the exposure time (ΔT) is 8.4% given an average call time while driving of 4.5 min and given the estimated trip and call information as detailed on the previous alides, then the resulting Total Risk (TR) of a crash for all drivers is increased by 1.7% if RR=1.2 (TR=1.017), by 3.2% if RR=1.38 (TR=1.032), by 4.2% if RR=1.6 (TR=1.042), and so on. As

indicated by the data shown in the table above, the Total Risk of a crash increases with both exposure time and the relative risk of a crash.

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Attempts to Assess the Relative Risk and Societal Costs of Cell Phone Use While Driving

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Several recent studies, including those already mentioned, have examined the relative risks associated with cell phone use while driving. Some studies have focused on determining societal costs assuming a given relative risk. The results of these studies have been employed in the analyses that follow to explore potential societal costs associated with cell phone use while driving. Some of the underlying assumptions made by the researchers, as well as some additional assumptions for the purpose of this analysis, are presented on the following slide.

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Summary of the Bases for Determination of Relative Crash **Risks in Relevant Studies** Violanti and Marshall 1996 AEI-Brookings 1999 Taiking more than 50 minutes per month on callular shones in a vehicle was associated with 5.59-fold increased risk of Given a sample population of cell phone users who were involved in traffic collisions, risk of a collision when using a a traffic crash. Study compared random cellular phone was four times higher for sample of drivers involved in recent the user than risk when the same user crashes versus random sample of drivers was not using a cell phone (RR=4.3, Le., not involved in crashes; included some incremental risk is 330%). Does not crashes not recorted to authorities. account for risk of injury or faisi crashes. Laberge-Nadeau et al, 2001 Harvard 2000 - Relative risk of all crashes and of crashes with injuries is 1.38 (i.e., incremental risk Same as above (RR=4.3) is 38%) for users of cell phones when Harvard 2003 compared to non-users. Seme as above (RR=4.3) Sagberg 2001 Relative risk of a driver being involved as a responsible party in a crash while using a mobile phone is two times greater than when driving without using the phone. **ICBC 2002** Relative datk of crash involvement is 1.18 for drivers observed using handhald phones compared to drivers observed not using handheld phone. 150 150 - 0





Graph Summary: Increase in Crash Risk Based on Some Recent Studies

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	Increase in Total Crash Risk	Exposure Time, AT	RR	Estimated Fatalities/yr as Reported by Author
Violanti & Marshall 1996	0.9%	0.2%*	5.64	No Estimate Given
AEI-Brookings 1999	2.3%	0.7%	4.3	78 (range 19-1000)
Hervard 2000	1.7%	0.5%	4.3	1200
Laberge-Nadeau, et al 2091	(Range 8.4-3.8%) ⁵	(Range 1-18%) ³	1.38	No Estimate Given
Sagberg 2001	(Range 1.2-12%)*	(Range 1-19%) ²	2.2	No Estimate Given
Harvard 2003	6.3%" Panga 2.5-12.7%	1.9%*1 (Renge 6.7%-1.07%)	4.3	2600
ICBC 2002	(Range 8.2-1.8%) ³	(Plange 1-1954) ³	1.16	No Estimate Given



Summary of Findings: Increased Crash Risk Based on Recent Studies



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The range of results illustrated in the preceding graph and table reflects their reliance on a limited set of assumptions and associated "soft" values. It would appear that the capability for characterizing and determining, with confidence, the magnitude of any increase in either total crash risk or relative risk associated with using a cell phone while driving continues to be elusive.

Furthermore, estimates of the crashes, injuries and fatalities associated with cell phone use while driving appear to be even more difficult to determine.

 Best Estimate of Crashes as a Function of Relative Risk

 In an effort to use available information to estimate crashes across a range of relative risks, an analysis was carried out using the recent NOPUS ¹⁷ results as a basis for establishing exposure.

 The approach outlined represents one method for approximating the number of property damage only

approximating the number of property damage only (PDO), injury, and fatal crashes associated with cell phone use given a base set of relative risks as well as those associated with known studies.



Assumptions: 1. From NOPUS 2002, 6% of drivers are using a cell phone at any daytime moment (this is exposure time, $\Delta T=.06$). 2. This leaves 94% (or 1- AT = .94) of drivers not using a cell phone at any given davtime moment. 3. NHTSA estimates 6,279,356 police reported crashes in 2002. 4. If the risk of a crash is equal for cell phone users and non users, Total Risk = 1.0 Example: For condition in which Relative Risk (RR) = 1.2 (i.e., incremental risk = 20%) Total Risk (TR) = 0.94 + 0.06*RR = 0.94 + 0.06*1.2 => TR = 1.012 Estimated Police Reported Crashes in 2002 if no one was on cell phone: Crashes = Total Crashes * R_0 / TR, so 6,279,356*1.000/1.012 = 6,204,897 crashes in 2002 (no cell phone involved) Estimated Number of Police Reported Cell Phone Crashes I Relative Risk = 1.2: 6,279,356 total crashes - 6,204,897 crashes if no driver was using a cell phone = 74.459 police-reported crashes where cell phone use was contributing factor

The table and graph that follows provide estimates of crashes across a range of relative risks. 157 SCHERA Summer Une Only, Working Destants in Review (MBB)

2002 Estimates of Police-Reported Crashes Cell Phone Use Was Contributing Factor: 6% Exposure Time (∆T=.06)

Relative Risk (RR)	Total Risk (TR), TR = 0.94+ RR*0.06	Estimate of Police- Reported 2002 Crashes in which Cell Phone Use <u>Was Not</u> a Contributing Factor to the Crash	Estimates of Police- Reported Crashes in 2002 in which Cell Phone Use <u>Was</u> a Contributing Factor to the Crash
1.00	1.000	6,279,356	0
1.20	1.012	6,204,897	74,459
1.38*	1.023	6,139,378	139,978
1.50	1.030	6,096,462	182,894
2.20**	1.072	5,857,608	421,748
4.30***	1.198	5,241,533	1,037,823
*Laberge-Nac ***Hervard, 21	ieau et al 2001; ³⁰ **S 000, ³² 2003; ¹¹ AEI-8	kagberg, 2002; ⁴⁵ rookings, 1999 ²¹	158

NHTSA Data Underlying Estimates of Crashes Where Cell Phone Use Was Contributing Factor

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Description	2004	2081*	2002
Persons Killed	41,821	42,118	42,869
Persons injured	3,109,000	3,033,000	2,914,000
Total Crashes (Fatal + Nonfatal)	5,396,400	8,122,795	6,279,358
Fatal Crashes	37,409	37,795	38,356
Nonfatal Crashee	6,366,000	6,295,000	6,241,000
Injury Crashee	2,870,000	2,001,000	1,834,000
PDO Crashee	4,200,000	4,282,000	4,567,668
Parties of Total Creatics that are Palat	9.9%	0.0%	1.5%
Paulie of Hamilatal Crustees to Potal Crustees	175	168	163
Padle of Injury Crashes to Potal Crashes	#	53	
Ratio of PDO Craphes to Falsi Craphes	115	113	112
Radie of Poresae Killed to Patal Causes	1.12	1.11	1.12

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Note: Unreported PDO crashes account for an estimated 48% of all PDO crashes. Unreported injury crashes account for an estimated 21.42% of all injury crashes.

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Calculating Estimates of Crashes in 2002 Where Cell Phone Use Was **Contributing Factors** Example: For condition with 8% exposure time (AT=.06), RR = 1.2 and resulting Total Risk = 1.012 Estimated Total Police-reported craches in 2002 where no one on cell phone = 6,204,897 Estimated Total Police-reported creates where cell phone use was contributing factor = 0,279,356 - 6,204,897 = 74,489 total police-reported crashes Estimated Number of Falst Crashes where cell phone use contributed (About 0.8% of Total Police-Reported Crashes) Falsi Crashes - Total police-reported crashes * 0.006 - 455 total crashes Estimated Number of Injury Creshes where cell phone use contributed (Assume - 50 Injury cestes : 1 Faist cresh) Police Reported Injury Creates = Felal Creates * 80 = 22,933 (This is the 78.58% of injury creates that are police-reported) Non-reported injury Crashes = 22,933*0.21 420.7858 = 6,251 (This is the 21,42% of injury crashes that are not reported toby police) Total injury Costes = 22,933 + 6,251 = 29,184 injury crastes Estimated Number of PDO crashes where cell phone use contributed (Assume ~ 112 PDO ; 1 Fatel crash) Police-Reported PDO Crashes - Fatel Crashes * 112 = 51,971 (This is the 52% of PDO crashes that are police-reported) Total PDO Crashes = 51,071 + 47,143 = 98,214 PDO crashes Total Number of Crashes * Fatal crashes + Total injury crashes + Total PDO crashes = 455 + 29,184 + 98,214 = 127,853 total craches where cell phone use was contributing factor Note that calculations assume distribution of crash severity (latel, injury, PDO) is series for total police reported crashes and for crashes in which cell phone use was a contributing factor to the crash. Equivalence in relative risk is assumed scross all levels of crash severity (latel, injury, PDO), and for deviling and nightline.

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NHTSA 2000 Crash Estimates Given 4% Exposure Time (ΔT=.04)



Year 2000	RR=1.0	RR=1.2	RR=1.38	RR=1.8
Totel Rink	1.0000	1.0078	1.0148	1.0195
Estimated Total Police Reported Crashes In which Cell Phone Use <u>Was Not</u> a Contributing Factor to the Crash	6,393,409	6,343,926	6,300,042	8,271,122
Estimated Police Reported Crashes in which Cell Phone Use <u>Was</u> a Contributing Factor to the Crash	0	49,483	93,367	122,287
Estimated Total Crashes (*CP) (Reported plue Non-reported)	0	84,470	159,383	208,752
Estimated PDQ Creates (*CP) (Reported plue Non-reported)	0	63,792	120,367	157,851
Estimated injury Crashes (*CP) (Reported plue Hon-reported)	0	20,368	36,470	50,386
Estimated Fatal Crashes (*CP)	0	290	548	716
Estimated Fatalities ("CP)	ŧ	324	011	808

reported crashes and for crashes in which cell phone use was a contributing factor to the crash; and equivalence in relative risk is assumed across for deytime and nightlime. 161

NHTSA 2002 Crash Estimates Given 6% Exposure Time (ΔT=.06) ~50% increase from Year 2000 estimates

Year 2902	RR=1.0	RR=1.2	RR=1.38	RR=1.5
Total Risk	1.0000	1.0120	1.0228	1.0300
Estimated Total Police Reported Crashes in which Cell Phone Use <u>Was Not</u> a Contributing Factor to the Crash	6,279,356	6,204,697	6,139,378	6,096,462
Estimated Police Reported Crashes in which Cell Phone Use <u>Was</u> a Contributing Factor to the Crash	0	74,459	139,978	182,694
Estimated Yotal Crashes (*CP) (Reported plus Hon-reported)	0	127,853	240,355	314,046
Estimated PDO Crashes (*CP) (Reported plus Hon-reported)	0	98,214	104,630	241,243
Estimated injury Crashes (*CP) (Reported plue Non-reported)	0	29,184	54,884	71,685
Estimated Fatal Crashes (*CP)	0	455	865	1,117
Estimated Fatalities (*CP)	9	506	#55	1,248

CP = Cell Phone Was a Coninbuling Factor to the Crash

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Note that calculations assume distribution of crash severity (fatal, injury, PDO) is same for total police reported crashes and for crashes in which cell phone use was a contributing factor to the crash; and equivalence in relative risk is assumed across for daytime and nightime. INTERV brait to the write to make the day of the price of the crash; and 162

Apportioning the National Fatality Estimate by State: Introduction



Given the wide diversity in the distribution and use of cell phones nationally, and the differences in population statistics, roadway systems and a number of other state specific factors, it is reasonable to expect a wide range of differences in fatalities associated with cell phone crashes in each state. Using available information along with the preceding analyses, the material that follows uses three approaches for estimating the distribution of state fatalities for crashes in which cell phones were a contributing factor. Since relevant state data is not complete for the year 2002, estimates for this year are based on an assumed 50 percent increase in total fatalities (as reflected in the previous analysis) over the 2000 estimate in conjunction with the more complete set of 2000 state data. Each set of calculations is preceded by a detailed example presenting the methodology. Multiple approaches were used to establish a sense of confidence that the estimated distributions appropriately reflect state cell phone related fatal crashes as represented by the ranges across the different approaches for each state.

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Methodology for Calculating State Estimates of Expected Fatalities in Which Cell Phone Use Was Contributing Factor (2)

Methodology #2

This method apportions the national fatality estimate among the States based on the number of licensed drivers, within each state, who reported using the phone while driving, at least some times, based on year 2000 survey data ^a, and the vehicle miles traveled by those drivers as reported for each state in NHTSA's *Traffic Safety Facts 2000* ⁶⁷. These state data were compared against the respective national totals to determine how the national estimate of fatalities in which cell phone use was a contributing factor was to be apportioned between the States in 2000. Estimated fatalities were then calculated for 2002.

This methodology takes the following information into account in estimating fatalities for each state in which cell phone use was a contributing factor:

- Number of licensed drivers who report talking on car or cellular phone on at least some trips, nationally and within each state (based on 2000 MVOSS *).
- Vehicle miles traveled by those drivers, nationally and within each state (based on NHTSA Traffic Safety Facts 2000 ⁶⁷).
- Estimated fatalities in which cell phone use is a contributing factor, national
 estimate to be apportioned between the states. These national estimates, for
 the range of relative risks, were calculated in the earlier analysis.

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A sample calculation is provided.







NHTSA 2000 & 2002 State Estimates of MV Fatalities (2a) Cell Phone Use was Contributing Factor

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Alabama	2,1%		<u></u>	18	19	19	25
Alaska	0.2%	•	1	•	1	2	2
Artcone	1.6%	6	11	14	•	1 17	22
Adaman	1.1%	3	6	*	5	10	13
Calibraia	11.2%	*			54	102	134
Calorado	1.5%	5		12	7	4	- 10
Consiscillant	1.11	4	7		8	10	13
Dataset	4.3%	1	1	2	1	3	4
ériet el Columba	0.7%	0	1	1			2
Florida	5.5%	16	34	44	7	51	65
Georgie	3.194	12	7	31	10	3	46
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The set	4.6%	24	49	64	1 39	1 13	94
Utah	0.0%	3	0	1	1.1		10
Vermant	6.2%	1	2	2	1	2	3
Viginia	2.7%	•	17	22	11 13	25	13
Wantington	1.9%		11	. 16	1	1	23
West Visiola	0.7%	1	4	1	11 1		8
Webcreis	<u>2.1%</u> [1	13	1	10	10	25
Wyenne	0.5%	1	2	2	1	3	4
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Methodology for Calculating State Estimates of Expected Fatalities In Which Cell Phone Use Was Contributing Factor



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Example - California (CA) (Data sources: NHTSA Traffic Safety Facts 2000, CTIA data for 2000):

- Assumptions and NHTSA data:
 1. From NOPUS 2000, 4% of drivers are using a cell phone at any daytime moment (this is exposure time, ∆1=.04). Assume this is true for all States.
 2. This leaves 95% (or 1 ∆T = .95) of drivers not using a cell phone at any given daytime moment.
 3. If the risk of a creath is equal for cell phone users and non users, Total Risk = 1.0
 4. The calculation of 2002 listality estimates that follows is based on a 50% increase assumed from the easter calculation of 2002 listalities.
 5. The apportionment factor (CA%) is the average value of the state portion of the national total of the following data: cellular subscribers, licensed drivers, VMT, and fabrities.

1. Calculate portion of Total callular autocritizers in US that were in CA in 2000 (CASs1)

- CA%1 = % of US Cellular subscribers in CA = Cellular subscribers in CA divided by Cellular subscribers in US = 12,253,369 CA subscribers / 90,643,068 US subscribers = 13,6% of all US cellular subscribers were in CA in 2000

2. Calculate portion of Total licensed drivers in US that were in CA in 2000 (CA%2)

MPCIA Inc

CA%2 = % of US Licensed drivers in CA = Licensed drivers in CA divided by Licensed drivers in US = 21, 244,000 CA licensed drivers / 190,625,000 US licensed drivers = 11.1% of all US licensed drivers were in CA in 2000

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NHTSA 2000 & 2002 State Estimates of MV Fatalities Coll Phone Unergass & abstracting Factor

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Where Are The Fatalities?

Crash data are typically used to provide an account of the fatalities due to a particular causal factor. However, as discussed previously, fatalities due to cell phone use may be masked by other contributing factors. The AEI-Brookings^{21,22} and Harvard^{11,32} studies provide estimates that suggest the possibility for a substantial number of fatalities (using a RR of 4.3) due to phone use while driving. If a relative risk of 4.3 were used in the current analysis, with an exposure rate of 6%, the estimated fatalities would be substantial in number (on the order of 7,000) and should be clearly evident in the crash record. Given these analytical results and the fact that such large numbers of fatalities have not been observed, it is reasonable to assume that the actual relative risk is much lower than 4.3. The 2001 Montreal Study³⁰ is the most complete epidemiological study on this issue to date and suggests a relative risk of 1.38. More recent work by the University of Montreal further demonstrates analytically that the earlier 4.3 estimate was flawed. * Using the 1.38 value as a base, it seems reasonable to assume that the relative risk is closer to this value and lies within a range of 1.2 to 1.5. Within this range, the current analysis suggests between 508 and 1,248 fatalities in 2002 given an exposure rate of 6%. 183



How Do the Various Sources of Data Come Together?

In aggregate there is a wealth of information.

After more than a decade of research on the subject, however, conclusions and recommendations differ greatly due to differences in economic, political, personal and academic perspectives, that influence basic assumptions and interpretations of the research.

While the current analysis generated a range of estimated fatalities due to cell phone use while driving, definitive conclusions remain elusive, highlighting the complexity of the issues and the continuing lack of critical data for assessing the true nature and magnitude of the problem.

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Why Is Understanding the Problem So Elusive? Some of the More Significant Reasons

- Estimates of the role of distraction in crash causation vary considerably from about 13% to more than 50%, depending on the data source and assumptions used.
- Collection and documentation of distraction related crash data is not consistent across jurisdictions.
- Most often there is no post-crash evidence of the role of distraction in precipitating a crash.
- Some drivers are not aware they were distracted or are not willing to admit it.
- Most state crash reporting forms do not generally address the issue of distraction or more specifically the issue of cell phones.

Another Issue of Concern: Crashworthiness



There is one safety issue that extends beyond the influence of cell phones on driving behavior and performance. Keeping in mind that use of a cell phone increases the risk of a crash, this issue concerns crashworthiness related to the position of installed wireless devices as well as hand-held devices and those attached to the driver. This is an issue both from the standpoint of a deploying airbag and the potential for a device to become an injurious or lethal projectile. For phones held by drivers in the proximity of the face and head, for driver attached accessories such as microphones and earpieces, or placement in front of the steering wheel during use (e.g., dialing a phone) there is also concern. In addition, instances of devices installed over airbags have been noted by NHTSA. These situations are particularly dangerous given the seemingly obvious potential for serious injury during airbag deployment.





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 Frequency and duration of use, both while driving and overall, influence the risk of a crash.



What Others Are Saying



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The following slides present a sample of statements from notable sources that have received considerable visibility in the media. These sources have addressed the cell phone issue either through research or through an analysis of existing information and data to better estimate the nature and/or magnitude of the problem.



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Traditional approaches have been used for some time with uncertain success. Application of such approaches to other issues (alcohol/seat belts) have shown relatively small benefits (10%-15%) and while some benefits may be realized on this specific issue, efforts may be best directed at establishing a uniform set of guidelines for use covering the range of phone architectures and also highlighting the distraction issue in general. It is clear from focus group discussions that there is a considerable lack of knowledge about distraction and the risks of a crash. Providing exposure to these issues at the high school level may have long term benefits.

Design Changes/Guidelines

The relationship between the "demands" of using a cell phone and risk has already been pointed out. Clearly, cell phone design is primary in determining the nature and degree of distraction associated with use. This issue highlights a paradox in that the more the use of cell phones is facilitated by design improvements (ease-of-use), the greater the likelihood it will be used (while driving). Indeed, hands-free systems have been touted by many as "safe." However, to the extent that conversation itself contributes to crash risk, any benefits of design improvements may be washed out by increased exposure. Survey data has indicated that if a device is too difficult to use while driving it will not be used. Nevertheless, there are many human factors design improvements that should be addressed. Some of these are highlighted on the slides that follow.

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Corporate Restriction



As highlighted earlier, corporate liability issues have motivated a number of companies to establish formal policies regarding cell phone use. Such policies have often been motivated by high profile, high cost crashes that have taken place on company time or using company vehicles. Businesses would appear to be highly vulnerable to lawsuits in these situations, which could significantly impact small business operations in particular. It would appear that corporate consideration of formal policies on where, when and how to conduct business on the cell phone would be prudent and has the potential to reduce a small, but significant (economic) component of the cell phone crash problem.



Cooperative Systems

Another technological approach is related to the ongoing development of crash avoidance systems and the associated sensor suites. Recent developments in sensors and associated algorithms would theoretically allow determination of imminent threats (traffic conflicts) and determine, with some degree of reliability, whether the driver is distracted (visual or cognitive). With this coincidence of circumstances it may be possible to warn the driver (regain attention to driving) to allow an appropriate avoidance response. It remains to be determined whether such an approach would provide enough time for a driver to refocus attention and respond appropriately.







Epidemiological Studies



As the authors themselves stated, the 2001 Montréal Study ³⁰ is "the first epidemiological study based on a substantial sample that shows a link between risk of having accidents and accidents with injuries and the fact of being a cell phone user as opposed to a non-user."

This study represents a significant step forward in understanding the magnitude of the risks associated with cell phone use while driving. However, there may be certain factors that impact generalizability of this data to the United States at the present time.

It is important to keep in mind that this was a retrospective epidemiological study done on two large cohorts – users and non-users of mobile (cellular) phones. The objective was to verify whether an *association* exists between cell phone use and crash rates, but this study did not (and could not) confirm a causal relationship based on the research methodology used. Recall also that the population sampled was selected to maximize the number of cell phone users.







Laboratory, Simulator and Test Track Research



Perhaps the greatest contribution of experimental research into cell phones has been a better understanding of how cell phone use can influence safety relevant driver behavior and performance, and the mechanisms responsible for those effects. These issues are critical in influencing both the public information side of the issue and the design of these systems since they provide an empirical basis for determining what information (safety) users need to know and what design features offer the lowest level of demand. The research can also provide insight into the methods and timings necessary to warn drivers of fraffic conflicts. There is a particular need to expand research to address the use of the broad range of functions now being incorporated into cell phones.



Surveys Because the cellular phone industry has been incredibly dynamic in recent years in its subscriber and airtime growth, the trends for phones will most likely continue to change over time. Surveys are useful for understanding these trends and how people feel about their phones, and when and where they use them. In order to be sensitive to trends in phone use while driving, survey data must continue to be collected on a regular basis (at least annually).

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Naturalistic Data Collection



Large Scale, Statistically Representative Sample of Users

Unlike other experimental research, naturalistic studies provide an accurate picture of events as they would occur in the real world. While lacking experimental control, these studies do provide a unique opportunity to empirically identify and document driver behavior and performance under conditions that represent the full range of circumstances encountered in real world driving. Within the context of cell phones it provides the capability to describe cell phone use in terms of behavior and performance in relation to driver demographics, driving style and traffic events (crashes, near misses, driver error). With appropriate subject selection distributed nationally it would be theoretically possible to get meaningful measures of exposure and relative risk, including the conditions under which these devices are used and comparisons to other distractions. This approach would also capture other portable technologies as well.



Summary & Conclusions



Unlike most issues in highway safety, those surrounding cell phones represent a unique and daunting challenge. Despite a vast amount of data and research, the most substantive questions regarding the impact of wireless communications on safety remain unanswered. The dynamic nature of the technology and its use, along with the difficulties in collecting complete and accurate crash data, continue to be the greatest challenge. In some notable cases results of studies have been highlighted by the authors as "definitive," and captured by the media and other researchers as having great significance. The material presented here, however, has highlighted a number of shortcomings in the crash data, the research, and the risk analyses. Our analysis, based on the most current data, provides what we believe is a "best" estimate of fatalities and non-fatal crashes and is intended to give the reader a "sense" of the magnitude of the problem. It is further suggested here that realistically, the only mechanism for obtaining the necessary information to properly characterize this problem is through well designed naturalistic driving studies, where the behavior of drivers can be monitored and the consequences of phone use accurately and reliably recorded.



NTSB Safety Recommendations Background	
On February 2002, a serious crash in loss of five lives took place in Largo, The nature of this crash and the even up to it were investigated by the Nati Transportation Safety Board (NTSB) determine the contributing causes as recommendations that would have the to mitigate similar crashes in the futu following slides provide highlights of and the NTSB's findings and recommon This material in provided because ce use was identified as a potential con- factor.	Nolving the Maryland. Ints leading Ional to Ind to make to Ind to make he potential ure. The f this event nendations. All phone tributing

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Recommendations: Prologue

While a definitive estimate of the magnitude of the problem is not possible at this time, we believe it is prudent to use existing data and information to generate a best estimate. Using 2002 crash data across an assumed range of relative risk, a best estimate of fatalities, injury crashes, property damage crashes and non-police reported cell phone related crashes was presented earlier to characterize the potential magnitude of the cell phone problem. While these estimates involve a number of assumptions, we believe they are reasonable, given available data and information. The need for the recommendations that follow are based on the magnitude of the problem reflected in these estimates as well as the aggregate of other information provided in the preceding documentation. Because the estimates are relatively large, we believed that in the interest of saving lives and preventing injury, a conservative approach is called for at this time. As additional data, information and analytical approaches become available, these estimates will be adjusted as appropriate.



Recommendations: Crash Avoidance Research

Recent advances in crash avoidance technologies (e.g., forward collision avoidance) provide a unique opportunity to mitigate crashes involving distraction by sensing conflict situations during periods of inattention and alerting the driver. Other technologies in development are intended to actually sense driver inattention and provide a means of refocusing driver attention to the driving task. These efforts have the potential to mitigate the adverse consequences of inattention due to cell phone use as well as to other distractions. It is unclear at this time how effective these approaches will be, and more research is necessary to establish appropriate trigger algorithms, nuisance criteria and timings, and to determine the effectiveness of these approaches under real world conditions. It is also important to consider how drivers will adapt to these systems over time (i.e., behavioral adaptation) to ensure that use of these systems does not decrease safety by reducing vigilance or by allowing drivers to use these systems to drive the margin between safe and unsafe. 227







Recommendations: Legislation



Decisions as to the need for legislation limiting the use of cell phones from a moving vehicle are a state or local issue and should be based on the determination by authorities that a sufficient problem exists in their jurisdiction to warrant action. Where such action takes place, however, it is recommended that provisions be made for an evaluation of the impact of such action in terms of use and crashes, particularly given the uncertainty of how the use of hands-free devices will influence overall safety.

In view of the greater risks associated with new or novice drivers it is also recommended that consideration be given to specifically prohibiting these drivers from using cell phones while driving, perhaps as a part of graduated licensing programs or through some period of time based on driving experience.

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Desired Data from Industry



- Call Frequency and Duration data
 - Time of day distributions
 - Regional distributions
 - Roaming vs. non-roaming
 - 911 calls

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- Estimates of mobile vs. landline phone use
- Equipment Sales / Use data
 - Hand-held
 - Hands-free
 - Headsets, Ear buds, Speakerphone systems, etc.
- Customer Satisfaction / Survey Data
 - Hands-free vs. Hand-heid

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